

# Mariah Henry

16537 Monte Carlo Ln

Houston, TX 77053

(832) 235-7012

[mariah.henry49@gmail.com](mailto:mariah.henry49@gmail.com)

Mariah Henry is a versatile dancer with over 10 years of dance training primarily in hip-hop, contemporary, ballet, and jazz. She grew up training on a competitive dance team and has graduated from the University of Houston with a Bachelor of Fine Arts degree in Dance. In 2018, Mariah founded a faith based non-profit dance company, Deeper Than Dance (DTD) and is continually working on film and live performance choreographic pieces and dance concerts. DTD has received 2 grants from the Houston Arts Alliance for the purpose of creative dance on film works. Within DTD she offers and teaches private classes to children and adults both 1 on 1 and in groups in a variety of styles. She works as the creative director for her church arts department where she coordinates performances for church services, events, and holidays. Within her non-profit dance company, she not only choreographs and performs in dance works, but she is in charge of grant-writing, budgeting, marketing, networking, and coordinating events and performances.

## Education:

**Kathrine G. McGovern College of the Arts, University of Houston**

*Bachelor of Fine Arts, Major in Dance*

## Dance Training & Master Classes

**Katherine G. McGovern College of the Arts, University of Houston — Graduated 2021**

August 2017-2021

Ballet technique (Riolama Lorenzo-Lasa, Firat Ozsoy)

Modern technique (Teresa Chapman, Sophia Torres)

Dance Improvisation (John Beasant III, Leslie Scates)

Dance Production (Toni Valle)

PR & Marketing, Grant Writing (Toni Valle)

Technology in Dance (John Beasant III)

Dance Composition I, II, III (Karen Stokes)

Dance Pedagogy (Becky Valls)

**Master Classes, University of Houston**

2018-2019

Roderick George (Contemporary Modern)

Connor Walsh (Ballet)

Millie Heckler (House)

Keith Cross (Horton Technique)

Tracie Jackson (West African)

**Cynde Lomonte's Dance Dimensions, Missouri City TX —  
Technique Training/Petite Competition Team**

2005-2008



## SKILLS

Choreography

Instructing

Creative vision

Skilled public speaker

Social Media Marketing

Event Coordination

## Teaching

### **Annunciation Orthodox School, Houston TX — *Dance Instructor with Dance Express***

September 2022-present

Creative Movement ages 4-5 (grades: Pre-K)  
Hip-hop ages 5-6; 8-10 (grades: Kinder, 2nd-4th)  
Summer camp assistant with ages 3-9

### **Deeper Than Dance, Houston TX — *Private dance instructor/Choreographer***

October 2019-present

Ages 4-12; Adults

### **Houston Dance Works, Houston TX — *Dance instructor***

August 2022-June 2023

Ballet/Tap ages 3-4  
Ballet/Tap/Jazz/Hip-hop ages 6-8

### **Core Dance Alliance, Sugarland TX — *Dance instructor***

June 2021-June 2023

Ages 5-8 Ballet, Tap, Jazz, Contemporary, Hip-Hop  
Level 1 hip-hop

Mini Competition Team Choreographer/Instructor

### **MECA Houston Almeda Public School, Houston TX — *After School Hip-Hop dance instructor***

November 2021-June 2022

Grades 3-5

### **Athena Dance Academy — *Dance instructor***

February 2020-April 2021

Hip-hop 1 & 2

## Choreography/performance

### **Ambition: A Dance on Film by Deeper Than Dance—*Choreographer/Director/Performer***

June 2023

### **Barnstorm Dance Fest presented by Dance Source Houston; Midtown Arts and Theater Center Houston—*Performer***

June 2023

- “Dih-loo-zhun” by Tempest McLendon

**HERO: A Dance on Film Production; Midtown Arts and Theater Center of Houston -  
Choreographer/Director/Performer**

June 2022

- "Say it With Your Body" Improvisation solo
- "Childhood"
- "Teenagers"
- "Adulthood"
- "Old Age"

**Verifiedworks Samsung Sero Campaign- Choreographer**

September 2020

**UH Goes to the MATCH; Midtown Arts and Theater Center Houston- Performer**

February 2020

- "Hoodie Pop" by Tempest McLendon

**FOURever Multimedia Production; Midtown Arts and Theater Center Houston - Choreographer & Performer**

November 2019

- "Fire"
- "Waterfall Love"
- "Wedding Banquet"
- "White Lily"

**FIND ME Multimedia Production; Midtown Arts and Theater Center Houston - Choreographer & Performer**

May 2019

- "Find Me"
- "Comeback Kingz"
- "Path of Love"
- "Pink Sunset"

**Emerging Choreographer's Showcase University of Houston; Lyndall Finley Wortham Theatre - Performer**

December 2018

- "Nope" by Sughey Estrada

## **Mariah Henry Choreography Link:**

<https://www.youtube.com/channel/UC7zIMYBmM4RRDerZiQAsKhg>